



The Egyptian Hypertension Society The 14th Annual Scientific Meeting

**Hypertension & CV Risk
From Science To Practice**

April 7-9, 2010

Fairmont Heliopolis Hotel

*Under the Patronage of His Excellency
Egyptian Minister of Health
Prof. Dr. Hatem ElGabalay*

*Chairpersons of the Meeting
Prof. Ahmed Magdy Prof. Hany AbdelRazik
Prof. Hany Ragy
Professors of Cardiology – National Heart Institute*

*President of the Society
Prof. M. Mohsen Ibrahim
Professors of Cardiology - Cairo University*

**ACCREDITED BY
AACME for 22.5 CME Credit Hours
EBAC for 18 CME Credit hours
EGYBAC for 23 CME Credit Hours**



WELCOME ADDRESS

Dear Colleague,

The 14th. annual meeting of the Egyptian Hypertension Society (***Hypertension& Cardio-Vascular Risk From Science To Practice***), April 7-9th. 2010 in Cairo is a unique regional and international event in the ever growing field of cardio-vascular medicine in management, prevention, research innovation and understanding.

The most up to date development as well as the gold standard and evidence base medicine in this field will be discussed and simplified in a modern approach by Egyptian professors and by international experts and scientists who shared in steering and shaping the science and practice of hypertension and cardiovascular medicine in the world.

Your participation as a speaker, chairman and attendee will definitely contribute to the success and impact of this meeting.

Chairpersons of the Meeting



Ahmed Magdy, MD, FACC, FSCAI



Hany AbdelRazik, MD



Hany Ragy, MD, FSCAI

Professors of Cardiology – National Heart Institute

A MESSAGE FROM THE EHS PRESIDENT

Dear Colleague,

The Egyptian Hypertension Society annual scientific meeting represents the most important scientific event in the field of hypertension in our Middle Eastern region.

Hypertension is a very dynamic subject; a lot of progress has been made in the past year in areas of basic science and patient's care. Results of recent drug trials and meta analysis were released and a number of new guidelines, European and American, are on the horizon. New markers of future hypertension risk have been identified, the increasing importance of diet as a risk factor and as a therapeutic target have been established. New diagnostic tools were introduced in order to assess subclinical organ damage. Finally, advances in drug therapy include new pharmacologic groups and new agents in old groups.

Our meeting will try to cover some of these exciting new areas. We are privileged to have a distinguished international faculty. On behalf of the Egyptian Hypertension Society, I am inviting you to contribute to this scientific event and participate in our annual meeting. The organizing committee has prepared, beside its excellent scientific program, a number of attractive social events.

Looking forward to seeing you in Cairo in April 2010.



President of the Egyptian Hypertension Society

M. Mohsen Ibrahim, MD

Prof. of Cardiology- Cairo University

DIRECTOR OF THE SCIENTIFIC PROGRAM

Prof. Ahmed Magdy

ORGANIZING COMMITTEE (Alphabetical Order)

Prof. Abdel Moniem Ibrahim

Prof. Ashraf Reda

Prof. Mohamed Helmy

Prof. Mohamed Seleem

Prof. Omar Awwad

Prof. Sahar Gamal

Prof. Sameh Shahin

Prof. Wafaa El-Aroussy

SECRETARY OF THE CONFERENCE (Alphabetical Order)

Mrs. Fathia Al-Said

Mrs. Rehab Mohamed

ORGANIZING OFFICE IN CHARGE

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INTERNATIONAL FACULTY

1. *Giuseppe Mancia*

Head Internal Medicine (San Gerardo Hospital, Monza), Past-Chairman Clinical Medicine University of Milan-Bicocca. Past-President of the International Society of Hypertension (ISH), the European Society of Hypertension (ESH), the European Society of Clinical Investigation and the Italian Society of Hypertension (SIIA). Past-Chairman WG Hypertension of the European Society of Cardiology (ESC). Chairman of the Committee for the ESH/ESC Guidelines on Hypertension (2003 and 2007). Chairman of the WHO/ISH Liason Committee on Hypertension



2. *Mark Pohl*

Chairman of Nephrology Department, Head of Hypertension unit, Cleveland Clinic Foundation. Board Member of the American Society of Hypertension



3. *Renata Cifkova*

Prof of Cardio-vascular Medicine, Head Department of Preventive Cardiology, Institute of Clinical Experimental Medicine, Prague, Czech Republic. Committee for the ESH/ESC Guidelines on Hypertension



4. *Roland Asmar*

Medical Director of the “centre de Medicine Cardiovasculaire”. President of the “International Society of Vascular Health”. President of the French-Lebanese Medical Association “AMFL”. Past Medical Director of the Cardiovascular Institute, Paris. Past president of the WG on BP of the French Society of Hypertension. Past president of the “French spoken network of hypertension”. Member of several boards of International Scientific Societies and journals.



5. *Tony Heagerty*

Professor of Cardio-vascular Medicine, Head of Hypertension Unit, Manchester University, UK. President of the International Society of Hypertension. Member of several boards of International Scientific Societies and journals.



MIDDLE EASTERN FACULTY

1. *Jafar Al-Said, M.B. CHb. MD. FASN*

Nephrology and Internal Medicine Consultant
Bahrain Specialist Hospital



2. *Tawfik Albassam, MD*

Consultant in internal medicine
Clinical Hypertension Specialist
King Fahd Hospital Jeddah



NEW APPROACH, NEW SESSIONS

1. Interactive sessions
2. Meet the experts morning sessions, solving complex issues
3. Clinical Case scenario by experts and discussion
4. How to sessions
5. Vascular Damage from angiogenesis to HTN
6. Save the Organs sessions
7. Arterial Stiffness, early vascular disease evaluation
8. Risk factor intervention
9. Problems in HTN management sessions
10. Highlight session by Egyptian and international speakers on latest development and news in hypertension, CV Risk
11. Clearing dilemma in CV issues
12. Imaging session

In addition to **Scientific Sessions that Attracted High Attendance** in previous meetings that includes: Contest of best cases, plenary sessions, debates, state of the art lectures, CME primary physician education, nursing and public education.

CERTIFICATE OF ATTENDANCE

A certificate of attendance will be given to registered participants on Friday 9th April 2010. You are requested to check your bacode at the beginning of each session. In order to receive your certificate, please deliver the filled evaluation form (included in the registration package) to the registration desk.

VENUE



The **Cairo Fairmont**, one of the most elegant Hotels in Cairo. It is located near Cairo airport.

Coffee Break and Lunch (Wednesday & Thursday): Rock canyon. On Friday morning, coffee break will be transferred to Colour canyon.

Hall A: White Canyon

Hall B: Blue Canyon

Hall C: Granite

Registration: Colour Canyon

VIP Lounge: Coral hall

Exhibition Area: Foyer

LANGUAGE

The official language of the meeting is English. No simultaneous translation is available.

CARRIER

The official carrier is **Egypt Air**. A special discounted fair will be arranged for group reservations. Flights to and from Egypt are usually fully booked this time of the year. Early reservation is advised.

Acknowledgment

The organizing committee expresses deep gratitude and thanks to the following sponsors

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AMERICAN ACADEMY
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CONTINUING MEDICAL EDUCATION



The 14th Annual Scientific Meeting of the Egyptian Hypertension Society
April 7-9, 2010

AACME Credit Designation

Joint-Sponsor: The Egyptian Hypertension Society

*T*his activity has been planned and implemented in accordance with the AACME's Accreditation Standards & Policies and the Essential Areas and Their Elements through a joint-sponsorship with **the Egyptian Hypertension Society.**

(EDC) is been accredited by the American Academy of Continuing Medical Education (AACME) to sponsor continuing medical education for physicians.

The Organizing Committee of the *The* (EDC) take responsibility for the content, quality and scientific integrity of this CME activity.

The Organizing Committee of the **14th Annual Scientific Meeting of the Egyptian Hypertension Society** presents this activity for educational purposes only.

Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine.

The content of the presentations is provided solely by presenters who have been selected because of their recognized expertise.

The Accreditation Review Committee (ARC) of the American Academy of Continuing Medical Education (AACME) designates this medical education activity for a maximum of **22.50** hours in the Category 1 credit of the AACME Designation. Each physician must claim only those credits that he/she actually spent in the activity.

It is the policy of the American Academy of Continuing Medical Education (AACME) to ensure balance, independence, objectivity, and scientific rigor in all its sponsored educational programs. All faculty participating in the **14th Annual Scientific Meeting of the Egyptian Hypertension**

Society are required to disclose to the program audience any real or apparent conflict of interest related to the content of their presentations. All faculty are also required to disclose any discussions of unlabeled/unapproved uses of drugs or devices.

Approved, March 16, 2010
Monitoring Committee



EUROPEAN BOARD FOR ACCREDITATION IN CARDIOLOGY

ACCREDITATION CERTIFICATE

This is to certify that the event:
"14th Annual Scientific Meeting of the Egyptian Society of Hypertension" (Ref. 00001756),
is accredited by the European Board for Accreditation in Cardiology
for 18 CME credit hour(s) (Day #1: 6 CME credit(s) - Day #2: 6 CME credit(s) - Day #3: 6 CME credit(s))

Event Date: 7 April 2010 to 9 April 2010 - Location: Cairo, Egypt
Organised by "The Egyptian Hypertension Society"
Scientific Course Director: Prof Ahmed Magdy

Each participant should claim only those hours of credit that have actually been spent in the educational activity. EBAC works according to the quality standards of the European Accreditation Council for Continuing Medical Education (EACCME), which is an institution of the European Union of Medical Specialists (UEMS).

List of institutions officially recognising the competence of EBAC in international accreditation:
CardioVasculair Onderwijs Instituut (NL), Österreichische Akademie der Ärzte (AT).

List of National Cardiac Societies officially recognising the competence of EBAC in international accreditation:

Albanian Society of Cardiology	German Cardiac Society	Norwegian Society of Cardiology
Austrian Society of Cardiology	Hellenic Cardiological Society	Polish Cardiac Society
Belgian Society of Cardiology	Hungarian Society of Cardiology	Portuguese Society of Cardiology
British Cardiovascular Society	Irish Cardiac Society	Romanian Society of Cardiology
Croatian Cardiac Society	Italian Federation of Cardiology	Slovenian Society of Cardiology
Cyprus Society of Cardiology	Lebanese Society of Cardiology	Spanish Society of Cardiology
Danish Society of Cardiology	Lithuanian Society of Cardiology	Swedish Society of Cardiology
Finnish Cardiac Society	Luxembourg Society of Cardiology	Swiss Society of Cardiology
French Society of Cardiology	Netherlands Society of Cardiology	Turkish Society of Cardiology

EBAC wishes you a successful educational programme,

Dr. Peter E. Polak
EBAC Chairman

Please note that as a provider of an EBAC accredited CME programme you are responsible for fulfilling EBAC requirements. They are explicitly defined in the "EBAC Recommendations for CME Providers" that you can find, together with other important information, on the EBAC website: www.ebac-cme.org.



EGYPTIAN BOARD FOR ACCREDITATION IN CARDIOLOGY

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Ashraf Reda

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May El Sayed

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Mohsen Ibrahim

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Sherif Mokhtar

Wagdy Ayad

This is to certify that the event
"Annual conference of Egyptian Society of Hypertension"
EGYPT 2010
has been accredited by

the Egyptian Board for Accreditation in Cardiology

(EGYBAC)

For 23.00 CME credit

Day1: 7 credits

Day 2: 8 credits

Day 3: 8 credits

Based on the advanced scientific program as well as the qualifications of the faculty speakers, this conference was granted the highest accreditation status of "Accreditation with Commendation" by the Egyptian Board for Accreditation in Cardiology Committee' and according to the accreditation statement this course got 23.00 CME hours and in the same time The Accreditation Review Committee of the Egyptian Board for Accreditation in Cardiology designates this medical education activity for a maximum of 18.00 CME hours of the EGYBAC Designation for each participant.

****Each participant should claim only those hours of credit that have actually been spent in the educational activity****

EGYBAC wishes you a successful event,

Chairman of EGYBAC

Prof. Ashraf Reda, MD, FESC.

a_reda_55@yahoo.com

EGYPTIAN SOCIETY OF CARDIOLOGY

EGYPTIAN BOARD FOR ACCREDITATION IN CARDIOLOGY

Address: Egyptian Heart House: 9 El-Saraya Street - EG-12311 Dokki - Egypt

E-mail: egybac@cardioegypt.com

Website: www.cardioegypt.com

Wednesday 7th April, 2010
Hall A

8:30 – 9:30

Case Presentation Contest

Each case will presented in 12 min followed by 8 min discussion

Chairperson *Hany Abdel Razik, M. Mohsen Ibrahim, Tony Heagerty*

8:30 – 8:50	Case Presentation	Mohamed Seleem (NHI)
8:50 –9:10	Case Presentation	Hussien Heshmat(Cairo)
9:10 – 9:30	Case Presentation	Reda AboulAta(NHI)

9:30 – 10:30

Challenging Issues in Hypertension

Chairperson *Ahmed Nassar, Gamal AboulNasr, Mohamed ElBaz*

9:30 – 9:50	What the hypertension specialist should know about headaches	Hussien Rizk
9:50 – 10:10	Peri-operative management of hypertension	Khairy Abdel-Dayem
10:10 - 10:30	<i>Interplay between hypertension and atrial fibrillation</i>	Sameh Shaheen

Wednesday 7th April, 2010
Hall A

10:30 – 11:30
Plenary Session
From Clinical Trials to Practice

Chairperson *Ali Ramzy, Magdy Abdel Hamid, Wagdy Galal,*

- | | | |
|----------------------|--|---------------------------------|
| 10:30 – 10:55 | How did clinical trials affect practice? | <i>Tony Heagerty</i> |
| 10:55-11:15 | CV prevention in developing countries | <i>M. Mohsen Ibrahim</i> |
| 11:15-11:30 | The evolution of modern hypertension treatment | <i>Hany Ragy</i> |

11:30-12:00
Coffee Break

12:00 – 13:00
Save the Organs I, From Hypertension to Heart Failure

Chairperson *Adel Zaki, Basem Sobhy , Mohamed Amin Abdu, Mohamed Awad Taher*

- | | | |
|--------------------|--|---------------------------------|
| 12:00-12:20 | Left ventricular hypertrophy regression updates | <i>Ramzy El-Mawardy</i> |
| 12:20-12:40 | Remodeling post MI: more understanding | <i>M. Mohsen Ibrahim</i> |
| 12:40-13:00 | New steps for protection and control in high risk hypertension (Sponsored by Sanofi-Aventis) | <i>Ahmed Magdy</i> |

Wednesday 7th April, 2010
Hall A

13:00-14:00
APEX Olmisartan Symposium

Chairperson: *Ahmed Magdy, Omar Awwad, M. Mohsen Ibrahim*

- 13:00-13:25** The integrated triad, evidence from clinical trials *Tony Heagerty*
- 13:25-13:50** *Hussien Rizk*
- 13:50-14:00** Discussion

14:00-15:00
Vascular Damage, Arterial Stiffness in Clinical Practice

Chairperson *Adel Imam, Khairy Abdel-Dayem, Nashwa El-Hagrasy*

- 14:00-14:20** EVA "Early Vascular Aging" syndrome: lessons for the management of Hypertension *Roland Asmar*
- 14:20-14:35** BP variability related CV risk factor *Abdelmoniem Ibrahim*
- 14:35-14:55** similarities and differences among the different methods for arterial evaluation *Roland Asmar*
- 14:55-15:00** *Discussion*

Wednesday 7th April, 2010

Hall A

15:00-15:45

GLAXO Symposium

CV Care from Treatment to Prevention

Chairperson: *Ahmed Magdy , Omar Awwad*

15:00-15:30 Tight blood pressure control

Ramez Guindy

15:30-15:45 Discussion

15:45-16:00

Coffee Break

16:00 – 17:30

**Two Sides of the Truth
(3 Controversies)**

Chairperson *Hossam Kandil, Sameh Allam, Sherif El-Tobgy*

16:30-16:45 Should fixed-dose combination therapy not
monotherapy be recommended as initial
therapy in HTN

Ramez Guindy

(Pro)

16:45-17:00 No, monotherapy should be recommended as
initial therapy in HTN

Roland Asmar

(Con)

17:00-17:15 There is now evidence for J-curve in
hypertension management

Marc Phol

17:15-17:30 No the evidence is not convincing and data are
not enough for J-curve in hypertension
management

Ayman AboulMagd

17:30-17:45 We Shall not use B-Blockers as first line
treatment in HTN?

Tony Heagerty

17:45-18:00 Shall we continue using B-Blockers as first line
treatment in HTN?

Mohamed Oraby

17:30

Adjourn & Lunch

Wednesday 7th April, 2010
Hall B

12:00-13:00

Save the Organs II: Update on Renal Aspects of HTN

Chairperson *Amin Fouad, Omar El-Khashab, Sameh Abdel Shakour*

12:00-12:15	Albuminuria, proteinuria and renal insufficiency as CV risk factors in type II diabetes	<i>Tarek ElShabony</i>
12:15-12:30	Reno-vascular hypertension, ischemic nephropathy	<i>Marc Pohl</i>
12:30-12:45	Nephro-protection by intensified BP control: prognostic approach and therapeutic evidence	<i>Maher Fouad</i>
12:45-13:00	Hypertension and CV risk in chronic kidney disease	<i>Hany Edward</i>

Wednesday 7th April, 2010
Hall B

14:00-15:00
Back to Basics: Session I
Secondary Hypertension

Chairperson *Fouad El-Nawawy, Taher ElKady, Tarek Zaki*

- | | | |
|--------------------|--|-------------------------------|
| 14:00-14:12 | How to investigate for secondary hypertension (12:0 min) | <i>Hamdy Soliman</i> |
| 14:12-14:24 | Catecholamine induced hypertension? (12:0 min) | <i>Said Khaled</i> |
| 14:24-14:36 | Hyper-aldosteronism: should we check on it in all hypertensive patients? (12:0 min) | <i>Ahmed El-Hawary</i> |
| 14:36-14:48 | Drug induced hypertension(12:0 min) | <i>Nasser Taha</i> |
| 14:48-15:00 | Discussion | |

Wednesday 7th April, 2010
Hall B

16:00-17:30
Problems in Hypertension Management: Session I

Chairperson *Ahmed AbdelMoniem, Amal Ayoub, Maiy Hamdy ElSayed*

16:30-16:50	Adherence : the forgotten risk factor	<i>Tawfik Albassam</i>
16:50-17:10	Treatment of HTN in children, adolescents	<i>Eman Sharaf</i>
17:10-17:30	Elderly patients with HTN	<i>Omar Awwad</i>
17:30-17:50	Tight BP management in diabetics	<i>Mohamed Zaki</i>
17:50-18:05	Problems of anti-hypertension drug therapy in pregnancy	<i>Gamela M Nasr</i>

Thursday 8th April, 2010
Hall A

8:30 – 9:30

Case Presentation Contest

Each case will be presented in 12 min followed by 8 min discussion

Chairperson *Hany Ragy, Hussien Rizk, Roland Asmar,*

8:30 – 8:50	Case Presentation	Sameh Salama(Cairo)
8:50 –9:10	Case Presentation	Tarek El-Kholy(NHI)
9:10-9:30	Case Presentation	Hamdy Soliman(NHI)

9:30 – 10:30

Emerging Issues and Concepts

Chairperson *Ali A. ElAbd, Ahmed Yehia, Khaled Sorour*

9:30-9:50	Sexual dysfunction and HTN, Diagnostic, treatment	Omar Awwad
9:50-10:10	The Hypertension Specialist/ Setting up a BP Clinic	Tony Heagerty
10:10-10:30	White coat & masked HTN	Giuseppe Mancina

Thursday 8th April, 2010
Hall A

10:30 – 11:30

Plenary Session: Hypertension at the Interface

Chairperson *Ezz EIDin EISawy, Hazem Khamis, Said Shalaby*

10:30 – 10:45	CV risk factors in Egyptians, focus on salt	Hussien Rizk
10:45 – 11:10	Guidelines of hypertension management revisited 2010	Giuseppe Mancia
11:10-11:25	Prehypertension a new target of therapy	Soliman Gharieb
11:25-11:30	Discussion	

11:30-12:15

Bayer Symposium

Chairperson *Hany Ragy, Hossam Kandil, Ramez Guindy*

Long acting Nifedipine for hypertension management; benefits and limitations

Giuseppe Mancia

Discussion

12:15-12:45

Coffee Break

Thursday 8th April, 2010
Hall A

12:45-13:45
Pfizer Symposium
Global CV Risk Management

Chairperson: *Ahmed Magdy, Hany Ragy, M. Mohsen Ibrahim*

12:45-13:10	Facts Between LDL-C Reduction and CV Protection	<i>Hussien Rizk</i>
13:10-13:35	Step Ahead of managing CV Events. The Need to Treat Multiple Risk Factors in Hypertensive Patients	<i>Mohamed Khattab</i>
13:35-13:45	Discussion	

13:45-15:00
Problems in HTN Management: Session II

Chairpersons *Ali Kassem, Ashraf Reda, Ikram Sadek*

13:45-14:05	Blood pressure measurements. Which method to which patient?	<i>Roland Asmar</i>
14:05-14:25	Acute pressure syndrome	<i>Ahmed Magdy</i>
14:25-14:40	HTN in woman, should they be treated differently	<i>Renata Cifkova</i>
14:40-15:00	Management options for refractory hypertension	<i>Marc Pohl</i>

Thursday 8th April, 2010
Hall A

15:00-16:00
Novartis Symposium

Chairpersons: *M. Mohsen Ibrahim- Hossam Kandil*

ARBs and CCB, guidelines and practice

Adel El-Etriby

Discussion

16:00-17:00

Diabetes, Obesity, Cardio-metabolic Risk

The session is followed by 10 minutes discussion

Chairperson

Ahmed Rozza, Mokhtar Gomaa, Sherif Hafez,

16:00-16:20

Cardiometabolic risk

M. Mohsen Ibrahim

16:20-16:35

Relevance of glycemetic control

Hany Abdel Razik

16:35-16:55

Obesity, and CV risk: a role for adipose tissue
inflammation?

Tony Heagerty

16:55-17:00

Discussion

Thursday 8th April, 2010
Hall A

17:00-18:00

Risk factors intervention in daily practice

Chairperson	<i>Ahmed Abdel Latief Ramadan, Ahmed Abdel Rahman, Medhat ElAshmawy,</i>	
17:00-17:20	Causes and remedies of poor control of hypertension in populations	<i>Renata Cifkova</i>
17:20-17:35	Role of statins in hypertension?	<i>Ashraf Reda</i>
17:35-17:50	The role of anti-platelets in primary prevention, old and new facts?	<i>Ihab Attia</i>
17:50-18:05	Hyperuricemia is it a Cardiovascular risk?	<i>Jafar Alasid</i>

18:05

Adjourn & Lunch

Thursday 8th April, 2010
Hall B

11:30-12:30
Two Sides of the Truth
(Controversies in Hypertension)

Chairperson *Fayez Fayek, Osama Sanad, Raouf Mahran*

- | | | |
|--------------------|---|---------------------------------|
| 11:30-11:45 | Anti-hypertensive treatment should begin with diuretics
(Pro) | <i>Ayman saleh</i> |
| 11:45-12:00 | No, Anti-hypertensive treatment should not begin with diuretics
(Con) | <i>Magdy Rashwan</i> |
| 12:00-12:15 | ACEI are a better choice than ARBS in anti-hypertensive treatment | <i>Gamal AboulNasr</i> |
| 12:15-12:30 | No, ARBS are a better choice than ACEI as anti-hypertensive treatment | <i>Mahmoud Hassanein</i> |

Thursday 8th April, 2010
Hall B

13:45-15:00
How- To Session II: Diagnostic Procedures

Chairperson *Abdullah Abo Hashem, AbdelFatah Frere , Aziz Madkour,
Wafaa El-Aroussy*

13:45-14:00 Assess LV diastolic function and CV outcome during anti-hypertensive treatment ***Ayman AbdelHyie***

14:00-14:15 Imaging Myocardial Ischemia in HTN ***Adel Allam***

14:15-14:30 Emerging new imaging modalities, to assess hypertensive patients ***Hany Fouad***

14:30-14:45 Markers to predict hypertension ***Abdelmoniem Ibrahim***

Thursday 8th April, 2010
Hall B

16:00-17:00

Save the Organs: Brain as a Target of HTN
The session is followed by 10 minutes discussion

Chairperson *Ahmed Magdy, Kamal Mahmoud, Omar Awwad*

16:00-16:15 Epidemiology of stroke **Renata Cifkova**

16:15-16:30 Basis of cerebral circulation, implications for drug
therapy **Nabil farag**

16:30-16:45 Guidelines of BP management in pt with acute stroke **Sherif Hamdy**
(neurology perspectives)

16:45-17:05 BP management after stroke **Sherif Mokhtar**

Thursday 8th April, 2010
Hall C

10:00-11:30
Nursing Session I

Chairpersons: *Reda El Eisawy, Samia El-Kadi, Wael El-Kilany*

10:00-10:15	Methods and devices of blood pressure measurement	<i>Ahmed Shawky</i>
10:15- 10:30	Types of drugs used in hypertension	<i>Tarek ElKholy</i>
10:30-10:45	Complications of hypertension	<i>Tarek Khairy A. Dayem</i>
10:45-11:00	Side effects of drugs used in hypertension	<i>Sameh Emil</i>
11:00- 11:15	Management of hypertensive emergency	<i>Khaled EITohamy</i>
11:15-11:30	Discussion	

Thursday 8th April, 2010
Hall C

11:30-13:05

Original Contribution Session

The session is followed by 10 minutes discussion

Chairpersons: *Hany Abdel Razik, Omar Awwad, Wafa El-Aroussy*

- | | | |
|--------------------|---|--|
| 11:30-11:45 | Going beyond the number in BP control | Hesham Salah Taha |
| 11:45-11:55 | Adiponectin and resistin in essential hypertension: association with vascular atherosclerotic complications | Mohamed Hosam Zagazig University |
| 11:55-12:05 | Urinary albumin excretion is associated with arterial stiffness in hypertensive adults. | Mohammed A. Abdel Wahab- Menia University |
| 12:05-12:15 | Hazards of only one cigarette smoking among young smokers | Mohammed A. Abdel Wahab- Menia University |
| 12:15-12:25 | Ambulatory arterial stiffness index and its Correlation with target organ damage in patients with essential hypertension | Mohammed A. Abdel Wahab- Menia University |
| 12:25-12:35 | Study of Silent Myocardial Ischemia In Type 2 Diabetic Males | Ali T Hassan Sohag University |
| 12:35-12:45 | P wave Dispersion in Patients With Metabolic Syndrome | Ahmed M Boghdady Sohag University |
| 12:45-12:55 | Angiotensin-converting enzyme (ACE D/I) gene Polymorphisms and Left Ventricular Mass, and blood pressure in obese adolescents. | Azza Z. El Eraki Suez Canal University |
| 12:55-13:05 | Renal Artery Stenosis in Hypertensive Patients Undergoing Coronary Angiography in Sohag University Hospital, Catheterization Unit | Ahmed M Boghdady Sohag University |

15:00-16:10

Public Awareness: Session I

Each Lecture is followed by 5 minutes discussion

Chairpersons: *Ahmed Magdy, Hany Abdel Razik, Nermin Ismail, Samia ElKady*

- | | | |
|--------------------|--|-----------------------------|
| 15:00-15:30 | CV disease prevention | M. Mohsen Ibrahim |
| 15:30-15:50 | Risk factors for atherosclerotic heart disease | Ahmed Latief Ramadan |
| 15:50-16:10 | Smoking cessation, is it possible? | Hany Ragy |

Friday 9th April, 2010
Hall A

9:00- 10:00

Case Presentation Contest

Each case will presented in 12 min followed by 8 min discussion

Chairperson	<i>Ahmed Magdy, Ayman saleh, Renata Cifgova</i>	
9:00-9:20	Case Presentation	<i>Mohamed Helmy(NHI)</i>
9:20-9:40	Case Presentation	<i>Rasha Essam (Cairo)</i>
9:40-10:00	Case Presentation	<i>Mohamed Abo Naga (Palestine)</i>

10:00-10:40

Plenary Lectures: Concepts and Evidence in Hypertension

Chairperson	<i>Amr Zaki, Nabil Gobran, Samir Rafla</i>	
10:00- 10:20	Guidelines of CV risk reduction in diabetics	<i>Yehia Kishk</i>
10:20-10:40	Heart failure with preserved ejection fraction	<i>Fathy Maklady</i>

Friday 9th April, 2010
Hall A

10:45 – 12:00

Challenging Case Scenarios, How I treat?

The session is followed by 15 minutes discussion

Chairperson *Mark Pohl, M. Mohsen Ibrahim, Salwa Roshdi, Renata Cifkova*

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| 10:45-11:00 | Chronic hypertension, renal impairment creatinine 4.0, BP 200/100 on beta-blockers, attacks of flash pulmonary edema | Hossam Kandil |
| 11:00-11:15 | Interscapular pain, unequal pulse, BP 180/95 | Hussien Heshmat |
| 11:15-11:30 | systolic hypertension 170/ 90, angina FC II/ IV, previous stroke, bouts of postural hypotension | Adel El-Etriby |
| 11:30-11:45 | Pre-eclampsia, female 40 yrs, twin pregnancy 30 weeks, BP 160/100, creatinine 1.9 mg Isolated | Hisham AboulEinen |

12:00 – 13:00
Friday Prayers

