



Bahrain 2011 Pan Arab and European HTN Conference 11-13 February 2011

Introduction:

Bahrain 2011 Pan Arab and European Hypertension conference is designed to address and discuss the global increasing burden of hypertension from different aspects; Pathophysiology, Genetics, BP measurement, Target organ damage, special population and different cardiovascular risk factors. Updated Treatment modalities, different antihypertension drugs, hot debatable issues, and panel discussion on clinical case presentations will be included.

The speakers are well recognized and dedicated group of physicians from Bahrain, Pan Arab, Egyptian, Saudi, Lebanese and European Hypertension Societies. Their main task would be discussing and providing the most update in the field of hypertension from the bench to the bedside.

The conference is specially designed for health care professional specifically physicians and nurses. Hypertension patients currently are 26% of the global population. It is expected to involve one third of the world wide population in the year 2020. This enlarging disease burden had led a team of dedicated physicians in different subspecialty to put together this program to cover the following goals:

- Increase public awareness about the magnitude of the problem.
- Present and discuss updated information regarding pathogenesis, diagnosis, therapy and complications of Hypertension.
- Creating an active physician task force which could put together clear steps to reduce the disease burden and decrease its complication.
- Providing the opportunity to all the participants to take an active role in standing against this global medical problem.

Participating speakers are representing the following societies:

- Pan Arab Hypertension Society.
- Egyptian Hypertension Society.
- European Hypertension Society.
- Saudi Hypertension society.
- Lebanese Hypertension Society

Organizing Committee and country representatives:

#		Name	Country
1	Dr.	Abdul Hai Al Awadhi	Bahrain
2	Dr.	Fuad Abdulkader	Bahrain
3	Dr.	Haitham Amin	Bahrain
4	Dr.	Husam Noor	Bahrain
5	Dr.	Sameer Alarayed	Bahrain
6	Dr.	Tayseer Garadah	Bahrain
7	Dr.	Sumaya Al-Ghareeb	Bahrain
8	Dr.	Ehab Hefni	Bahrain
9	Dr.	Jafar Al-Said	Bahrain
10	Dr.	Praveen Kumar	Bahrain
11	Dr.	Waleed Sultan	Bahrain
12	Dr.	Sunil Rao	Bahrain
13	Dr.	M. Mohsen Ibrahim	Egypt
14	Dr.	Ramzy Mawardy	Egypt
15	Dr.	Wafaa El-Aroussy	Egypt
16	Dr.	Ashraf Reda	Egypt
17	Dr.	Ahmed Magdy Kamal	Egypt
18	Dr.	Gamela Nasr	Egypt
19	Dr.	Hussein Risk	Egypt
20	Dr.	Fathi Maklady	Egypt
21	Dr.	Ezz Alsawy	Egypt
22	Dr.	Hossam Kandil	Egypt
23	Dr.	Hasan Fathi (Scientific Head Ahran Newspaper)	Egypt
24	Dr.	Bader Ali Mustafa	KSA

25	Dr.	Tawfik Albassam	KSA
26	Dr.	Galal Alkilany	Kuwait
27	Dr.	Mohammad Zubaid	Kuwait
28	Dr.	Adel Berbari	Lebanon
29	Dr.	Wael Chalak	Lebanon
30	Dr.	Fuad Ziyadeh	Lebanon
31	Dr.	Hany Eteiba	UK, Glasgow
32	Dr.	El-Omar Magdi	UK, Manchester
33	Dr.	Lyoussi Badiia	Morocco
34	Dr.	Habbal Rachida	Morocco
35	Dr.	Yassin El-Shahat	UAE
36	Dr.	Yousef Boobes	UAE
37	Dr.	Abdulla M.A Al-Shehabi	UAE
38	Dr.	Mohammad Al-Noami	Yemen

Topics:

1. Anemia and Cardiovascular disease.
2. AntiHTN drug course.
3. Antiplatelets and Anticoagulation in High Cardiovascular risk patients.
4. Arrhythmia and hypertension.
5. Atherosclerosis Lesions from the past decade and therapy.
6. BLS/ACLS course.
7. BP measurements.
8. Cardiovascular disease in Pediatric age group.
9. Cardiovascular risk and HTN from a surgical and Anesthesia perspectives.
10. Case presentation and Interactive sessions in HTN.
11. CKD as Cardiovascular risk. Telecommunication course with Emory.
12. Clinical trials in the past 2 years.
13. Debates. ACE inh. ARB and Renin Antagonist which is better, Fixed combination which is better, Beta-blocker or No beta-blocker.
14. Diabetes as cardiovascular risk factor.
15. Diet and Life style.
16. Echo Cardiography course.
17. Epidemiology of HTN.
18. Genetics of human HTN and Cardiovascular disease.
19. Heart Failure systolic and diastolic.

20. HTN Guidelines course.
21. HTN in the elderly.
22. HTN in Pediatric age group.
23. HTN in Surgery and Anesthesia.
24. Hyperlipidemia and lipids from the lab bench to the bedside.
25. Hypertension during Pregnancy.
26. Metabolic syndrome.
27. Pulse pressure and its clinical implications.
28. Sphegmocore?
29. Nurses HTN course. What nurses need to know about HTN.
30. Obesity and Cardiovascular risk factor.
31. Physiology and Basic Science. ?
32. Posters and discussion?
33. Pulmonary arterial Hypertension.
34. Salt and Cardiovascular disease.
35. Secondary Hypertension.
36. Sleep disorders and HTN.
37. Statistics and Epidemiology starting a Pan Arab HTN study.
38. Target organ damage.
39. Ultrasound Nephrology and vascular access.
40. Vascular disease and Vasculitis.

Scientific Committee:

- Adel Berbari. Lebanon.
- Ahmed Magdi. Egypt
- Ashraf Reda. Egypt.
- Athanasios Manolis. Greece
- Bader Almustafa. KSA
- Fuad Abdelqader. Bahrain
- Fuad Ziyadeh. Lebanon.
- G. Mancina. Italy
- Haithem Amin. Bahrain
- Hani Eteiba. UK
- Husam Noor. Bahrain
- J. Redon. Spain.
- Jafar Al-Said. Bahrain
- K. Narkiewicz .Poland.
- Lyossi Badiia. Morocco.
- M. Mohsin Ibrahim. Egypt.
- Praveen Kumar. Bahrain
- Saleh Alshurafa . KSA
- Samir Al Arrayed. Bahrain
- Sumaya Al-Ghareeb. Bahrain
- Tawfik Albasam. KSA
- Tayseer Garadah. Bahrain

- Wafaa El-Aroussy. Egypt.
- Waleed Sultan. Bahrain
- Yaseen ElShahat. UAE.

Accreditation:

The Conference is accredited by the American Academy of Continuous Medical Education, Egyptian Council of Continuous Medical Education, and Saudi Council of Continuous medical Education. Registered Physicians and Nurses could claim their Category one CME hours up to a total of 20 hours.

Language

All the conference presentations and discussion will be in English.

Abstracts:

The abstracts should contain a brief summary of the topic in about One hundred words. This should include the importance of the subject, the cohort tested, or the studies reviewed with the results and conclusion. The topics will be assigned to either oral presentation or poster that will be discussed by the Author in certain allocated place and at certain allocated time. The abstracts will be accepted from the 15th of June 2010 till 15th of Jan 2011.

Venue: Gulf Hotel and Convention Center:

The Conference will be held in the Gulf Convention Center. The facility is one of the most prestigious and spacious conference locations in Bahrain.

The Gulf Hotel and Convention Centre are Bahrain's premier 5* luxury property ideally located in Manama adjacent to the Grand Mosque and minutes from the trendy Adliya area. An ideal choice for business and leisure travelers alike, its 357 beautifully appointed rooms offer breathtaking views of Manama. Boasting an international array of cuisine, with its 15 restaurant outlets ranging from Italian fine dining, traditional Persian and Lebanese, authentic Japanese, Chinese cuisine, to the most exquisite Mexican kitchen. Refurbished in 2009 it is home to the Kingdom of Bahrain's largest conference and convention facilities within a hotel offering spectacular venues to meet all sizes of events from small business meetings to large symposiums that can easily accommodate up to 2200 delegates. 2009 also saw the re opening of the infamous Body zone gymnasium that leads to a stunning temperature controlled lagoon style pool set in the surroundings of luscious landscaped garden. The Gulf Hotel is a true landmark in the Bahraini skyline that promises to deliver a unique blend of Bahraini hospitality.

The meals and Coffee breaks will be offered for registering guests in the same Venue.

For Hotel Reservation please use the following contact:

Ms. Michelle Carreon – Reservations Group Coordinator

Tel: +973 17 746341

Fax: +973 17 712088

Email: rgc@gulfhotelbahrain.com

The Gulf Hotel Bahrain

Email: ccsm@gulfhotelbahrain.com

Tourist Services:

As courtesy and privilege to our guests the exhibition hall will have a tourist office desk available through the conference to assist in any of the personal visiting tours, transportation, arranging any group or personal specific attractions tours, and airline booking. For any Airline or tourist issue please contact:

Mr. Reythen Villarta

Operations Manager

Al Batra Travel and Tourism

Kingdom of Bahrain

Tel. No. +973-17784028

Mobile No.:+973-39975898

e-mail:sales@albatratravel.com

Meals:

Six buffet meals, which include lunch and dinner over the three days of the Conference, are included with the registration fees for the period of the conference 11-13th of February 2010. Additional meal tickets could be bought from the registration desk for non registering attendants or guests.

Coffee Breaks:

Six Coffee breaks are offered, one during the day time and the second during the afternoon, for registering physicians and guests for the period 11-13 February.

Gala Dinner:

A traditional evening with dinner in one of the famous local places will be held on Saturday night on the 12th of Feb. 2011. The oriental and Gulf atmosphere will reduce the tension and day stress with all the scientific courses and presentations.

Business meeting area:

Allocated conference space will be available for holding business side meetings for different groups. Putting together and discussing future plans and programs this will be available for participating societies and active groups by prearrangement through the registration desk.

Attendants for the presentations:

The attendance to the lectures and presentations is FREE and open to everybody. To get any of the privileges mentioned below registration would be required.

Registrations privilege:

- 1- Twenty Continuous medical educations CME hours from the American Academy of Continuous Medical Education. AACME.
- 2- Bahrain Local Conference attendants Certificates.
- 3- Egyptian Continuous Medical education hours.
- 4- Saudi Continuous Medical Education hours.
- 5- Registration Bags with printouts.
- 6- Web site access to review the previous and current presentations.
- 7- Six Buffett meals and Six Coffee breaks with refreshments and snacks.

Registration fees:

	1st June 2010 – 31th Oct 2010	1st Nov. – 31st Dec	1st Dec through the 13th of Feb.
Physicians	80BD	100BD	120BD
Nurses	20BD	30BD	40BD

Payment could be made by cash, Credit Card, Check or Money transfer.

Exhibition area:

The Exhibition will be opened after the first session on Friday 11th of February 2011 and it will be available through the conference days. This year in addition to the

Pharmaceutical companies it will include medical book shops, Medical Instrument, Medical equipments, tourist office, and coffee shop.

Visa Requirement:

Bahrain Visa could be provided in the Airport for European and US Citizens. Other countries may require an invitation letters. The organizing committee will be glad to assist in providing short duration visit visa for the duration of the conference. Visa fees will be required to be paid personally.

Brief country information about Bahrain:

Weather in February	Temp: 14°C – 22°C. 58°F-72°F. Humidity 70-80%
Currency:	One Bahrain Dinars equals 2.65\$.
Language:	Arabic, English, Indian, and Persian.
Driving:	Lt. side steering wheel.
Public holidays:	Friday and Saturday.
Electric voltage:	220 Volts with triple square socket .

Required Registration Information:

Full Name:

Title:

Address:

City:

Country:

Tel:

Fax:

e-mail:

Hospital/ Organization:

Department:

Hospital Address:

Conference contact information:

Tel. No. +973-17812037, +973-812203, Fax #: +973-17812239; 973-17812012

Email: htns@bsh.com.bh, Website: www.htn-bh.com

Mailing Address: P.O. Box 10588, Manama, Kingdom of Bahrain

Tourist Agent:

Mr. Reythen Villarta

Operations Manager. Al Batra Travel and Tourism

Kingdom of Bahrain

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Please do not hesitate to call us for any further information.