



The Egyptian Hypertension Society The 14th Annual Scientific Meeting

Hypertension & CV Risk From Science To Practice

April 7-9, 2010

Fairmont Heliopolis Hotel

Chairpersons of the Meeting

Prof. Ahmed Magdy

Prof. Hany AbdelRazik

Prof. Hany Ragy

Professors of Cardiology – National Heart Institute

President of the Society

Prof. M. Mohsen Ibrahim

Professors of Cardiology - Cairo University

ACCREDITED BY

EBAC for 18 CME credit hours

The CME Facilitator: The International Health Academy

And By

The EGYBAC For 23CME credit hours



WELCOME ADDRESS

Dear Colleague,

The 14th. annual meeting of the Egyptian Hypertension Society (***Hypertension& Cardio-Vascular Risk From Science To Practice***), April 7-9th. 2010 in Cairo is a unique regional and international event in the ever growing field of cardio-vascular medicine in management, prevention, research innovation and understanding.

The most up to date development as well as the gold standard and evidence base medicine in this field will be discussed and simplified in a modern approach by Egyptian professors and by international experts and scientists who shared in steering and shaping the science and practice of hypertension and cardio-vascular medicine in the world.

Your participation as a speaker, chairman and attendee will definitely contribute to the success and impact of this meeting.

Chairpersons of the Meeting



Ahmed Magdy, MD, FACC, FSCAI



Hany AbdelRazik, MD



Hany Ragy, MD, FSCAI

Professors of Cardiology – National Heart Institute

A MESSAGE FROM THE EHS PRESIDENT

Dear Colleague,

The Egyptian Hypertension Society annual scientific meeting represents the most important scientific event in the field of hypertension in our Middle Eastern region.

Hypertension is a very dynamic subject; a lot of progress has been made in the past year in areas of basic science and patient's care. Results of recent drug trials and meta analysis were released and a number of new guidelines, European and American, are on the horizon. New markers of future hypertension risk have been identified, the increasing importance of diet as a risk factor and as a therapeutic target have been established. New diagnostic tools were introduced in order to assess subclinical organ damage. Finally, advances in drug therapy include new pharmacologic groups and new agents in old groups.

Our meeting will try to cover some of these exciting new areas. We are privileged to have a distinguished international faculty. On behalf of the Egyptian Hypertension Society, I am inviting you to contribute to this scientific event and participate in our annual meeting. The organizing committee has prepared, beside its excellent scientific program, a number of attractive social events.

Looking forward to seeing you in Cairo in April 2010.



President of the Egyptian Hypertension Society

M. Mohsen Ibrahim, MD

Prof. of Cardiology- Cairo University

DIRECTOR OF THE SCIENTIFIC PROGRAM

Prof. Ahmed Magdy

ORGANIZING COMMITTEE (Alphabetical Order)

Prof. Abdel Moniem Ibrahim

Prof. Ashraf Ręda

Prof. Mohamed Helmy

Prof. Mohamed Seleem

Prof. Omar Awwad

Prof. Sahar Gamal

Prof. Sameh Shahin

Prof. Wafaa El-Aroussy

SECRETARY OF THE CONFERENCE (Alphabetical Order)

Mrs. Fathia Al-Said

Mrs. Rehab Mohamed

ORGANIZING OFFICE IN CHARGE

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CME ACCREDITATION

- *The Meeting is awarded 18 CME Credits by EBAC (the European Board of Accreditation in Cardiology). CME Reviewer: The International Health Academy*
- *This Meeting has been accredited by the Egyptian Board for Accreditation in Cardiology (EGYBAC) For 23 CME credit.*

INTERNATIONAL FACULTY

1. *Giuseppe Mancia*

Head Internal Medicine (San Gerardo Hospital, Monza), Past-Chairman Clinical Medicine University of Milan-Bicocca. Past-President of the International Society of Hypertension (ISH), the European Society of Hypertension (ESH), the European Society of Clinical Investigation and the Italian Society of Hypertension (SIIA). Past-Chairman WG Hypertension of the European Society of Cardiology (ESC). Chairman of the Committee for the ESH/ESC Guidelines on Hypertension (2003 and 2007). Chairman of the WHO/ISH Liason Committee on Hypertension



2. *Mark Pohl*

Chairman of Nephrology Department, Head of Hypertension unit, Cleveland Clinic Foundation. Board Member of the American Society of Hypertension



3. *Renata Cifkova*

Prof of Cardio-vascular Medicine, Head Department of Preventive Cardiology, Institute of Clinical Experimental Medicine, Prague, Czech Republic. Committee for the ESH/ESC Guidelines on Hypertension



4. *Roberto Ferrari*

President of the European Society of Cardiology, Professor of Cardiology, University of Ferrara, Director of the Centre of Cardiovascular Research "S Maugeri", Ferrara. President of International Society for Heart Research (ISHR) 2004-2007, Editor of European Heart Journal Supplement 1996-2004



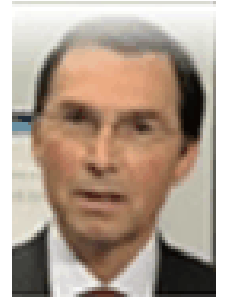
5. *Roland Asmar*

Medical Director of the “centre de Medicine Cardiovasculaire”. President of the “International Society of Vascular Health”. President of the French-Lebanese Medical Association “AMFL”. Past Medical Director of the Cardiovascular Institute, Paris. Past president of the WG on BP of the French Society of Hypertension. Past president of the “French spoken network of hypertension”. Member of several boards of International Scientific Societies and journals.



6. *Stephane Laurent*

President of the European Society of Hypertension(2008-2009) Head, Department of Clinical Pharmacology, Hôpital Européen Georges Pompidou, Paris. Professor of Pharmacology, Paris Descartes Medical School. Hypertension Specialist



7. *Anothony Heagarty*

Professor of Cardio-vascular Medicine, Head of Hypertension Unit, Manchester University, UK. President of the International Society of Hypertension. Member of several boards of International Scientific Societies and journals.



MIDDLE EASTERN FACULTY

1. *Jafar Al-Said, M.B. CHb. MD. FASN*

Nephrology and Internal Medicine Consultant
Bahrain Specialist Hospital

2. *Dr. Tawfik Albassam*

Consultant in internal medicine
Clinical Hypertension Specialist
King Fahd Hospital Jeddah

NEW APPROACH, NEW SESSIONS

1. Interactive sessions
2. Meet the experts morning sessions, solving complex issues
3. Clinical Case scenario by experts and discussion
4. How to sessions
5. Vascular Damage from angiogenesis to HTN
6. Save the Organs sessions
7. Arterial Stiffness, early vascular disease evaluation
8. Risk factor intervention
9. Problems in HTN management sessions

10. Highlight session by Egyptian and international speakers on latest development and news in hypertension, CV Risk
11. Clearing dilemma in CV issues
12. Imaging session

In addition to **Scientific Sessions that Attracted High Attendance** in previous meetings that includes: Contest of best cases, plenary sessions, debates, state of the art lectures, CME primary physician education, nursing and public education.

VENUE

The **Cairo Fairmont**, one of the most elegant Hotels in Cairo. It is located near Cairo airport.

A block of rooms has been reserved for the conference attendees at a reduced rate. Please register and reserve early to make use of the reduced rate.

LANGUAGE

The official language of the meeting is English. No simultaneous translation is available.

CARRIER

The official carrier is **Egypt Air**. A special discounted fair will be arranged for group reservations. Flights to and from Egypt are usually fully booked this time of the year. Early reservation is advised.

Wednesday 7th April, 2010

8:00 – 9:00

Hall " A " - Science

Hall "B" - Practice

Hall B

	Hall A	Hall B
Chair		Mohsin Ibrahim, Hany Abdel Razek, Tony Heagarty
		Case Presentation Contest <i>The session is followed by 10 minutes discussion</i>
8:00 – 8:10		Case Presentation Mohamed Seleem
8:10 – 8:20		Case Presentation Hussein Heshmat
8:20 – 8:30		Case Presentation Reda AboulAta
8:30 – 8:40		Case Presentation
8:50-9:00		

9:00 – 9:30

Morning Workshop: Experts Talk/Clinical Case Scenario

The session is followed by 5 minutes discussion

Hall "A" – Science

Hall "B "

	Hall A	Hall B
Chair	Ahmed Abdel Rahman, Ahmed Nassar, Gamal AboulNasr	
9:00 – 9:15	What the hypertension specialist should know about headaches Hussien Rizk	
9:15 – 9:30	Peri-operative management of hypertension Khairy Abdel-Dayem	
9:30-9:45	How to calculate CV risk score? Sameh Shahin	

9:30 – 10:45

	Hall A	Hall B
Chair	Ali Ramzy, Wagdy Galal, Soiman Gharib,	
	Plenary session	
9:30 – 9:50	CV prevention in developing countries M. Mohsen Ibrahim	
9:50-10:05	The evolution of modern hypertension treatment Hany Ragi	
10:10-10:25	How did clinical trials affect practice? Tony Heagarty	
10:25- 10:45	Sanofi lecture Can we combine protection and perfection in HTN management	

10.45 – 11:45

	Hall A	Hall B
Chair	M. Mohsen Ibrahim, Ahmed Magdy, Kahiry Abdel Dayem	Omar El-Khashab, Amin Fouad, Said Shalaby, Fayez Fayek
	Plenary Session: Vascular Damage from Angiogenesis to Hypertension	Save the Organs I: Update on Renal Aspects of HTN
10:45 –11:05	Large / small artery cross talk and recent large clinical trials in hypertension Stephane Laurent	Albuminuria, proteinuria and renal insufficiency as CV risk factors in type II diabetes
11:05-11:25	Mechanism of ACE inhibitors in secondary prevention of CVD Roberto Ferrari	Reno-vascular hypertension, ischemic nephropathy Marc Pohl
11:25-11:45	EVA "Early Vascular Aging" syndrome: lessons for the management of Hypertension	Nephro-protection by intensified BP control: EU guidelines: prognostic approach and therapeutic evidence

	Stephane Laurent	
	<i>Discussion</i>	Hypertension and CV risk in chronic kidney disease Hany Hafez

**11:45-12:00
Coffee Break**

12:00 -13:00

	Hall A	Hall B
Chair	Hussien Rizk, Ramzy El-Mawardy, Mohamed Awad Taher , Tarek Zaki	Ahmed Abdel Latief Ramadan, Amr Hassan, Samia ElKadi, Taher ElKadi
	Save the Organs II, From Hypertension to Heart Failure	Back to Basics: Session I Secondary Hypertension <i>Each Lecture is followed by 5 minutes discussion</i>
12:00-12:20	Heart failure: a continuous learning process Roberto Ferrari	How to investigate for secondary hypertension Fathy Maklady
12:20-12:35	Introduction: The rationale for blood pressure lowering Ahmed Magdy?	Catecholamine induced hypertension? Said Khaled
12:35-12:55	Mechanisms of remodeling: a struggle between life and death Roberto Ferrari	Hyper-aldosteronism: should we check on it in all hypertensive patients? Ahmed El-Hawary
		Aortic coarctation profile and implications Maged El-Abadi
12:55-13:00	<i>Discussion</i>	Drug induced hypertension Nasser Taha

**13:00-13:45
Apex Company Symposium**

Chairpersons:

Ahmed Magdy, Omar Awwad, Mohsin Ibrahim, Stephan Laurent, Wagdy Ayad

13:00-13:15		<i>Hussein Risk</i>
13:15 – 13:35		<i>Tony Heagarty</i>
13:35-13:45	Discussion	

13:45-14:45

	Hall A	Hall B
Chair	<i>Omar Awad, Adel Zaki, Adel Imam, Nashwa El-Hagrasy</i>	<i>Magdy Rashwan, Helmy Bakr, Amal Hamdy, Amal Ayoub, Maiy Hamdy ElSayed</i>
	How-to Session I: Arterial Stiffness, early vascular disease evaluation	Problems in Hypertension Management: Session I <i>The session is followed by 15 minutes discussion</i>
13:45-13:55	BP variability related CV risk factor <i>Abdelmoniem Ibrahim</i>	Adherence : the forgotten risk factor <i>Tawfik Albassam</i>
		ABC of anti-hypertensive treatment Wafaei A. Einen
13:55-14:15	Arterial stiffness, a tool for assessing subclinical organ damage and adapt antihypertensive treatment <i>Stephane Laurent</i>	Treatment of HTN in children, adolescents <i>Eman Sharaf</i>
14:15-14:35	Arterial evaluation in daily practice <i>Roland Asmar</i>	Elderly patients with HTN <i>Omar Awwad</i>
14:35-14:45	Discussion	<i>Management options for refractory hypertension Marc Pohl</i>

14:45-15:00
Coffee Break

15:00 – 15:45
Glaxo Company Symposium

Chairpersons:

15:45 – 17:30

	Hall A	Hall B
Chair	<i>, Sherif El-Tobgy, Hossam Kandil, Sameh Allam, Ayman Saleh</i>	
	Gladiators in Hypertension (3 Controversies)	
16:00– 16:15	Should fixed-dose combination therapy not monotherapy be recommended as initial therapy in HTN (Pro Ramez Guindy)	
16:15-16:30	No, monotherapy should be recommended as initial therapy in HTN (Con Roland Asmar)	
16:30 –16:45	There is now evidence for J-curve in hypertension management Marc Phol	
16:45 – 17:00	No the evidence is not convincing and data are not enough for J-curve in hypertension management Ayman AboulMagd	
17:00-17:15	We Shall not use B-Blockers as first line treatment in HTN? Tony Heagerty	
17:30	We shall we continue using B-Blockers as first line treatment in HTN? Mohamed Oraby	

17:30

Adjourn & Lunch
Thursday 8th April, 2010
8:00 – 9:00

Hall " A " - Science

Hall "B" - Practice

Hall B

	Hall A	Hall B
Chair		Hany Ragy, Hussein Risk, Stephan Laurent, Roland Asmar,
		Case Presentation Contest <i>The session is followed by 10 minutes discussion</i>
8:00 – 8:10		Case Presentation Sameh Salama
8:10 – 8:20		Case Presentation Tarek El-Kholy
8:20 – 8:30		Case Presentation Hamdy Soliman
8:30 – 8:40		Case Presentation
8:50-9:00		

9:00 – 10:00

	Hall A	Hall B
Chair	Ezz ElSawy, Khaled Sorour, Wagdy Ayad, , Ahmed Yehia,	
	The Experts Talk: Morning Workshop	
9:00 – 9:15	Sexual dysfunction and HTN, Diagnostic, treatment <i>Omar Awwad</i>	
9:15 – 9:35	The Hypertension Specialist/Setting up a BP Clinic <i>Stephane Laurent</i>	
9:35 – 9:55	Blood pressure measurements. Which method to which patient ? <i>Roland Asmar</i>	
9:55-10:00	<i>Discussion</i>	

Thursday 8th April, 2010

10:00 – 10:45

	Hall A	Hall B
Chair	<i>Ali A. ElAbd, Hisham Aboul Enien, Yehia Kishk, Ikram Sadek</i>	
	Plenary Session Hypertension at the Interface	
10:00 – 10:15	The role of dietary salt in hypertension <i>Hussien Rizk</i>	
10:15 – 10:40	Guidelines of hypertension management revisited 2010 <i>G. Mancia</i>	
10:40-10:45	<i>Discussion</i>	

Thursday 10:45 – 11:30

	Bayer Symposium	<i>Gladiators in Hypertension</i> <i>4 Participants Debate</i> <i>My 1st Drug for Hypertension</i>
Chairperson		<i>Raouf Mahran, Khairy abdel Dayem, M. Awad Taher</i>
	Mancia	<i>Diuretics Ayman Saleh</i>
		<i>ACE Inhibitors Mohamed Seleem</i>
		<i>ARBs Mohamed Abdel Ghani</i>
		<i>Ca Blockers Magdy Rashwan</i>

**11:30-11:45
Coffee Break**

**Thursday 8th April, 2010
11:45-13:00**

	Hall A	Hall B
Chairpersons	<i>Mahmoud Hassanien, Samir Abdel Kader, Mohamed Sobhy, Ashraf Reda</i>	<i>Aziz Madkour, Abdullah Abo Hashem, AbdelFatah Ferer , Wafaa El-Aroussy</i>
	Problems in HTN Management: Session I <i>The session is followed by 5 minutes discussion</i>	How- To Session II: Diagnostic Procedures
11:45-12:05	White coat & masked HTN <i>G. Mancia</i>	Assessment for target organ damage Gamila Mohamed Nasr
12:05-12:20	<i>Acute pressure syndrome</i> Ahmed Magdy	Assess LV diastolic function and CV outcome during anti-hypertensive treatment Ayman AbdelHyie
12:20-12:35	HTN in woman, should they be treated differently <i>Renata Cifkova</i>	Imaging Myocardial Ischemia in HTN Adel Allam
12:35-12:50	Resistant Hypertension Profile of a difficult case (Prevalence and clinical significance) <i>Ramzy El Mawardy</i>	Atherosclerosis screening test ? Ihab AbdelFatah
<i>12:50--13:00</i>	<i>Discussion</i>	

Thursday 8th April, 2010

13:00 – 14:00

Pfizer Symposium

Chairpersons:

14:00-15:10

Chairpersons:

	Hall A	Hall B
Chair	Sherif Hafez, Salah Shelbaia, Mokhtar Gomaa, Heba Mansour	Galal El-Said, Mohamed Sobhy, Mustafa Nawwar
	Diabetes, Obesity, Cardio-metabolic Risk <i>The session is followed by 10 minutes discussion</i>	Save the Organs: Brain as a Target of HTN <i>The session is followed by 10 minutes discussion</i>
13:50-14:05	Cardio-metabolic risk Mohsen Ibrahim	Epidemiology of stroke Renata Cifkova
14:05-14:20	Diagnosis and management of pre-diabetes Hany Abdel Razek	BP management in pt with stroke (the cardiology perspectives) Sheriff Mokhtar
14:20-14:40	Obesity, and CV risk: a role for adipose tissue inflammation? Tony Heagarty	Guidelines of BP management in pt with stroke (neurologist perspectives) Sherif Hamdy
14:40-15:00	Guidelines of CV risk reduction in diabetics Yehia Kishk	Basis of cerebro-vascular disease prevention, Brain Protection by antihypertensive therapy Nabil farag
<i>15:00-15:10</i>		

15:10-16:10

Novartis Symposium

Chairpersons:

16:10-16:25
Coffee Break

16:25-17:30

Chairpersons:

	Hall A	Hall B
Chair	<i>Adel El-Etriby, Ramez Guindy, Sameh Allam, Mohamed ElBaz,</i>	
	Risk factors intervention in daily practice	
16:25-16:45	Causes and remedies of poor CV risk control in HTN population <i>Renata Cifkova</i>	
16:45-17:00	Should we give statins to all hypertensives? <i>Ashraf Reda</i>	
17:00-17:15	Should we give antiplatelet drugs in all hypertensives? <i>Ihab Attia</i>	
17:15-17:35	Hyperuricemia is it a Cardiovascular risk? <i>Jafar Alasid</i>	
17:35-17:50	Assessment of subclinical organ damage <i>Atef ElBahary</i>	

17:50

Adjourn & Lunch

Friday 9th April, 2010

8:30 – 9:30

Hall " A " - Science

Hall "B" - Practice

	Hall A	Hall B
		Case Presentation Contest <i>Ahmed Magdy, Renata Cifkova, Said Khaled</i>
8:30 – 8:40		Case Presentation <i>Mohamed Helmy</i>
8:40 – 8:50		Case Presentation <i>Basem Zarif</i>
8:50 – 9:00		Case Presentation
9:00-9:10		Case Presentation
9:20-9:30		

9:30 – 10:30

Hypertension, Controversies

	Hall A	Hall B
Chair	<i>Amr Zaki, Khaled Shokry, Maged ElAbbadi, Nabil Gobran, Samir Rafla</i>	
9:30-9:45	In hypertension, the focus should be on lowering blood pressure levels to reduce CVD risk instead of on the use of a specific antihypertensive agent(s). (True) Gamal AboulNasr	
9:45-10:00	(false) Mahmoud Hassanein	
10:00- 10:30	Plenary Lectures	
	Hypertension what is behind numbers? <i>Soliman Gharib</i>	
	Markers to predict hypertension <i>Abdel Moniem Ibrahim</i>	

10:30 – 11:30

Hypertension CSI (Challenging Special Interactive) Scenarios How I treat?

The session is followed by 15 minutes discussion

Chair	<i>Stefan Laurent, Mark Pohl, Salwa Roshdi, Ibtehad Hamdy, Alaa Hataba</i>	
10:30-10:45	Interscapular pain, unequal pulse, BP 180/95	<i>Hossam Kandil</i>
10:45-11:00	Pre-eclampsia, female 40 yrs, twin pregnancy 30 weeks, BP 160/100, creatinine 1.9 mg	<i>Hisham AboulEinen</i>
11:00-11:15	Chronic hypertension, renal impairment creatinine 4.0, BP 200/100 on beta-blockers, attacks of flash pulmonary edema	<i>Mohamed Sobhy</i>
11:15-11:30	Isolated systolic hypertension 170/ 90, angina FC II/ IV, previous stroke, bouts of postural hypotension	<i>Adel El-Etriby</i>
	Precautions for anti-hypertensive drugs use, special remarks <i>Hany Ragi</i>	

12:00 – 13:00
Friday Prayers

13:00- 14:00
Hypertension What is New?

	Hall A	Hall B
Chair	Fayez Fayek, RamzyElMawardy , Sameh Shahin, Sherif El-Tobgi	
13:00-13:20	Innovations, new therapies for HTN 2010 <i>Stephane Laurent</i>	
	Updates on 5 Clinical trials 7 min each a) ACCOMPLISH <i>Ahmed Magdy</i>	
	b) ONTARGET NEWS <i>Basem Zarif</i>	
13:15-13:30	c) PROFESS News <i>Tarek El-Kholy</i>	
13:30-13:45	d) ESCAPE News	
13:45-14:00	e) HYVET <i>ahmed Shafie</i>	
	f) Road Map	

14:10 – 15:00

Hypertension in Capsules, What Have we Learnt?

Chairpersons:

Chair	<i>Ahmed Magdy, Hany Abdel Razek, Hany Ragy, Mohsen Ibrahim</i>	
14:00-14:10	The Role of the Nervous System in HTN	<i>Hany Ragi</i>
14:10-14:20	Hypertension and Obesity	<i>Sameh Shahin</i>
14:20-14:30	Lifestyle Approaches to HTN Management	<i>AbdelMoniem Ibrahim</i>
14:30-14:40	The treatment of HTN in patients with heart failure	<i>Bassem Sobhy</i>
14:40-14:50	The Treatment of HTN in patients with chronic kidney disease	<i>Pohl Marc</i>
14:50-15:00	Approach to HTN Management in Pregnancy	<i>Renata Cifgova</i>
15:00-15:10	Approach to the HTN Patient with Dyslipidemia	<i>Ashraf Reda</i>
15:10-15:20	Update on the New Guidelines	<i>Panel Discussion</i>

15:30 – 16:30

Grand Prize

Moderators:

Hall C

Wednesday 7th April, 2010

9:00-10:00

Nursing Session I

Chairpersons:

9:00-9:15	Hypertension causes, essential versus secondary	
9:15-9:30	Standards of blood pressure measurement	
9:30-9:45	Methods and devices of blood pressure measurement	
9:45-10:00	Nursing problems in the elderly	

10:00-11:00

Original Contribution: Session I

The session is followed by 10 minutes discussion

Chairpersons:

10:00-10:10		
10:10-10:20		
10:20-10:30		
10:30-10:40		
10:40-10:50		
<i>10:50-11:00</i>	<i>Discussion</i>	

Wednesday 7th April, 2010

16:00-17:00

Public Awareness: Session I

Each Lecture is followed by 5 minutes discussion

Chairpersons:

16:00-16:15	Smoking cessation, is it possible?	<i>Hany Ragi</i>
16:15-16:30	Risk factors for atherosclerotic heart disease	<i>A.Latif Ramadan</i>
16:30-16:45		
16:45-17:00		



Hall C

Thursday 8th April, 2010

9:00-10:00

Nursing Session II

Chairpersons:

9:00-9:15	Clinical presentation of hypertension	
9:15-9:30	Types of drugs used in hypertension	
9:30-9:45	How to improve patient compliance	
9:45-10:00	Management of hypertensive emergency	

10:00-11:00

Original Contribution: Session II

The session is followed by 10 minutes discussion

Chairpersons:

10:00-10:10		
10:10-10:20		
10:20-10:30		
10:30-10:40		
10:40-10:50		
10:50-11:00	<i>Discussion</i>	

16:15-17:15

Public Awareness: Session I

Each Lecture is followed by 5 minutes discussion

Chairpersons:

16:15-16:30	Healthy diet for a healthy heart	<i>Mohamed Aboul Ghait</i>
16:30-16:45	Symptoms suggestive of ischemic heart	<i>Ahmed Magdy</i>
16:45-17:00		
17:00-17:15		

Hall C
Friday 9th April, 2010

9:30-10:30

Nursing Session III

Chairpersons:

9:30-9:45	Complications of hypertension	
9:45-10:00	Side effects of drugs used in hypertension	
10:00-10:15	Contraindications of drugs used in hypertension	
10:15-10:30		

10:30-11:30

Original Contribution: Session III

The session is followed by 5 minutes discussion

Chairpersons:

10:30-10:40		
10:40-10:50		
10:50-11:00		
11:00-11:10		
11:10-11:20		
<i>11:20-11:30</i>	<i>Discussion</i>	

Friday 9th April, 2010

14:00-15:00

Public Awareness: Session III

Each Lecture is followed by 5 minutes discussion

Chairpersons:

14:00-14:15	Early detection of cardiovascular disease	
14:15-14:30	Therapeutic lifestyle changes	
14:30-14:45	The Obesity Pandemic	
14:45-15:00		