

The Summer Meeting of the
Egyptian Hypertension Society
Jointly with
Suez Canal University

July 27-28, 2006

Port Said

Helnan Hotel

Scientific Program

Chairman of the Conference

Ahmed El-Hawary, MD

Professors of Cardiology- Suez Canal University

Honorary Chairman

Fathy Maklady, MD

President of the Society

M. Mohsen Ibrahim, MD

Prof. of Cardiology- Cairo University

Welcome Address

Dear Colleague,

The Egyptian Hypertension Society jointly with Suez Canal University will organize the summer meeting to be held in the beautiful costal city of Port Said on 27-28 July 2006.

Hypertension control still has lots of opportunities for improvement. This meeting will focus on control of hypertension and prevention of complications.

Following the meeting there will be a mini-course about chest pain; a challenging clinical problem.

We will do our best so that you will not only to enjoy the nice city of Port Said but also the rich scientific contents of the meeting.

We are looking forward to see you.

Scientific Program Director Chairman of the Conference

Ahmed El-Hawary, MD Fathy Maklady, MD
Professors of Cardiology- Suez Canal University

President of the Society

M. Mohsen Ibrahim, MD
Prof. of Cardiology- Cairo University

ORGANIZING COMMITTEE

Chairman of the Conference

Ahmed El-Hawary, MD *Suez Canal University*

Honorary Director

Fathy Maklady, MD *Suez Canal University*

President of the Society

M. Mohsen Ibrahim, MD *Cairo University*

Members (Alphabetically)

Hussien Rizk, MD *Cairo University*
Wafaa El-Aroussy, MD *Cairo University*
Gamiela M. Nasr, MD *Suez Canal University*
Mohamed Orabi *Suez Canal University*
Azaa El-Eraky *Suez Canal University*

MAIN TOPICS

- Controversies in hypertension.
- Iatrogenic causes of hypertension and the relation between obesity, metabolic syndrome and hypertension.
- Hypertension in special groups which needs special attention in either disease or the way of management.

CONGRESS ORGANIZATION

Mrs. Fathia al-Said

010/1773104

E-mail: fathiaalsaid@link.net

EHS SECRETARIAT

Mrs. Rehab Mohamed

The Egyptian Hypertension Society
1 El-Diwan Street, Garden City, Cairo.
Tel.: (202) 794-8877; Fax: (202) 794-8879;
E-mail: ehs@link.net.

FACULTY (Alphabetically)

Ahmed El-Hawary, MD	<i>Suez Canal University</i>
Ahmed Shafeeh, MD	<i>Zagazig University</i>
Ali Ramzy, MD	<i>Ain Shams University</i>
Fathy Maklady, MD	<i>Suez Canal University</i>
Gamal Aboul Nasr, MD	<i>National Heart Institute</i>
Gamiela M. Nasr, MD	<i>Suez Canal University</i>
Helmy Bakr, MD	<i>Port Said University</i>
Hussien Rizk, MD	<i>Cairo University</i>
Ikram Sadek, MD	<i>Tanta University</i>
Khalid Sorour, MD	<i>Cairo University</i>
M. Mohsen Ibrahim, MD	<i>Cairo University</i>
Mahmoud Hassanien, MD	<i>Alexandria University</i>
Mohamed Oraby, MD	<i>Suez Canal University</i>
Mokhtar Gomaa, MD	<i>Al-Azhar University</i>
Omar Awwad, MD	<i>Ain Shams University</i>
Omar El-Khashab, MD	<i>Cairo University</i>
Ramzy El-Mawardy, MD	<i>Ain Shams University</i>
Safwat El-Hawary, MD	<i>Al-Azhar University</i>
Sameh Shahien, MD	<i>Ain Shams University</i>
Sherif El-Tobgy, MD	<i>Cairo University</i>
Soliman Gharieb, MD	<i>Cairo University</i>
Wafaa El-Aroussy, MD	<i>Cairo University</i>

VENUE

Helnan Port Said Hotel that is directly situated on the Mediterranean sandy beach and the entrance of the Suez canal. Enjoying a unique view, the hotel is one of the city's landmarks, one ideal place for luxurious holidays, conventions, various entertainment facilities and sport activities.

A block of rooms has been reserved for the conference attendees at a reduced rate. Please register and reserve early to make use of the reduced rate.

LANGUAGE

The official language of the meeting is English. No simultaneous translation is available.

Audiovisual Instructions

These facilities are made available for you to present your work and for us to handle the conference in a professional manner.

- Speakers are requested to supply their presentations on compact disks (CD), DVD, USB flash memories or portable hard discs compatible with IBM systems. Apple Macintosh software are NOT ALLOWED.
- Presentations supplied on 35mm conventional slides or overhead spread sheets are NOT ALLOWED, as slide and overhead projectors will not be available in the conference rooms.
- Only computer presentations on MS Power Point will be accepted.
- Time of lectures is to be prompt and respected.

THURSDAY – JULY 27, 2006

11:00 – 12:00
REGISTRATION

12:00 – 14:00
SESSION I
CONTROVERSY IN HYPERTENSION

CHAIR: M. MOHSEN IBRAHIM, MD; MOKHTAR GOMAA, MD;
FATHY MAKLADY, MD; IKRAM SADEK, MD;
RAMZY EL-MAWARDY, MD & SOLIMAN GHARIEB, MD

- 12:00-12:10 Why is hypertension not fully controlled worldwide?
M. Mohsen Ibrahim, MD
- 12:10-12:30 *Discussion*
- 12:30-12:40 Is it the end of era of beta blockers in treatment of hypertension?
Fathy Maklady, MD
- 12:40-13:00 *Discussion*
- 13:00-13:10 Should pre-hypertensives receive drug therapy?
Ramzy El-Mawardy, MD
- 13:10-13:30 *Discussion*
- 13:30-13:40 Can we rely upon lifestyle modification in management of Egyptian hypertensives?
Soliman Gharieb, MD
- 13:40-14:00 *Discussion*
- 14:00-14:30 *Break*

14:30-16:00
SESSION II

CHAIR: ALI RAMZY, MD; SHERIF EL-TOBGY, MD; SAFWAT EL-
HAWARY, MD & GAMAL ABOUL NASR, MD

- 14:30-14:50 Drug-induced hypertension
Omar El-Khashab, MD
- 14:50-15:10 Sleep breathing problems and hypertension
Mahmoud Hassanien, MD

15:10-15:30 Job stress and hypertension

Gamela M. Nasr, MD

15:30-15:50 Hypertension in the elderly

Mohamed Oraby, MD

15:50-16:00 *Discussion*

16:00 *Lunch (Courtesy of sanofi-aventis)*

22:00-23:30
SATELLITE SYMPOSIUM I
(SANOFI-AVENTIS)

CHAIR:

23:30 *Dinner (Courtesy of sanofi-aventis)*

FRIDAY – JULY 28, 2006

**11:00-12:30
SESSION III**

**CHAIR: KHALID SOROUR, MD; HUSSIEN RIZK, MD;
OMAR AWWAD, MD & HELMY BAKR, MD**

11:00-11:20	Endocrine hypertension	<i>Ahmed El-Hawary, MD</i>
11:20-11:40	Pitfalls in diagnosis of hypertension	<i>Wafaa El-Aroussy, MD</i>
11:40-12:00	Management of hypertension in acute stroke	<i>Sameh Shahien, MD</i>
12:00-12:20	Waist circumference in hypertension	<i>Ahmed Shafeeh, MD</i>
12:20-12:30	<i>Discussion</i>	

**12:30-14:00
BREAK & PRAYER**

14:00-16:00

**MINI-COURSE FOR THE PRACTITIONERS
CLINICAL EVALUATION OF CHEST PAIN**

CARDIOVASCULAR PROTECTION FORUM
A joint EHS- Servier Egypt Scientific Program

CHAIR: M. MOHSEN IBRAHIM, MD & FATHY MAKLADY, MD

14:00 – 14:20	Ischemic cardiac pain	<i>Hussein Rizk, MD</i>
14:20 – 14:40	Non-ischemic cardiac pain	<i>Omar Awwad, MD</i>
14:40 – 15:00	Non-cardiac chest pain	<i>Wafaa El-Aroussy, MD</i>
15:00 – 15:30	Chest pain in women	<i>M. Mohsen Ibrahim, MD</i>
15:30 – 15:50	VASTAREL MR, the innovative formulation of metabolic intervention to IHD	
15:50 – 16:00	<i>Program evaluation</i>	
16:00	<i>Lunch (Courtesy of Servier)</i>	